

## Halla Háfoss

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persónligt met: 00:31.10 AQUA stig: 400 Dagfest: 2024-04-25 Stevna: HS Flaggdags-sprint

Tíð	AQUA	Umfar	Dagfest	Stevna
00:31.10	400	Finala	2024-04-25	HS Flaggdags-sprint
00:31.12	400	Finala	2024-02-17	Ægir Open
00:31.21	396	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:31.21	396	Finala	2023-11-18	ABMS-Sprint 2023
00:31.36	390	Finala	2023-10-21	Ægir Open októbur 2023
00:31.36	390	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:31.36	390	Finala	2024-11-09	FM & JM á stuttgeil 2024
00:31.46	387	Finala	2024-11-09	FM & JM á stuttgeil 2024
00:31.51	385	Finala	2023-11-26	Køge Open 2023 - Køge
00:31.56	383	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:32.04	366	Finala	2024-10-26	Ægir Open
00:34.27	299	Finala	2022-02-19	Ægir Open - Februar 2022
00:34.60	291	Finala	2022-05-14	ABMS 2022
00:34.70	288	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:34.77	286	Finala	2022-05-14	ABMS 2022
00:34.92	283	Finala	2022-05-14	ABMS 2022
00:35.43	271	Finala	2021-09-25	HS-stevna í Gundadali fyri bólkarnar 1-4
00:35.48	269	Finala	2021-11-13	JM-FM á Stuttgeil 2021
00:35.57	267	Finala	2021-03-20	Flot/FS/Reysti-stevna
00:35.60	267	Finala	2021-04-17	HS-stevna í Gundadali fyri bólkarnar 1-4