

Lilja Sørensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persónligt met: 00:32.45 AQUA stig: 352 Dagfest: 2024-11-09 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:32.45	352	Finala	2024-11-09	FM & JM á stuttgeil 2024
00:33.15	330	Finala	2024-09-28	HS Open 2024
00:33.43	322	Finala	2024-10-26	Ægir Open
00:33.63	316	Finala	2024-06-28	Tórshavn Open
00:34.35	297	Finala	2024-04-25	HS Flaggdags-sprint
00:35.00	281	Finala	2024-04-20	ABMS 2024
00:35.19	276	Finala	2024-04-20	ABMS 2024
00:35.36	272	Finala	2024-02-17	Ægir Open
00:35.95	259	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:36.29	252	Finala	2023-10-21	Ægir Open októbur 2023
00:36.30	252	Finala	2023-12-16	SMS Jólasprint
00:36.66	244	Finala	2023-11-26	Køge Open 2023 - Herfølge
00:37.95	220	Finala	2023-11-18	ABMS-Sprint 2023
00:40.15	186	Finala	2023-05-06	ABMS 2023
00:40.85	176	Finala	2023-05-06	ABMS 2023
00:41.41	169	Finala	2023-05-06	ABMS 2023
00:43.13	150	Finala	2023-04-22	HS Stevna í Gundadali fyri ból 1-4
00:43.53	146	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:44.50	136	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:45.92	124	Finala	2022-11-27	Køge Open Herfølge