

Benjamin Havn

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persónligt met: 00:28.59 AQUA stig: 350 Dagfest: 2024-11-09 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:28.59	350	Finala	2024-11-09	FM & JM á stuttgeil 2024
00:29.23	328	Finala	2024-06-29	Tórshavn Open
00:29.40	322	Finala	2024-10-26	Ægir Open
00:29.56	317	Finala	2024-04-25	HS Flaggdags-sprint
00:29.98	304	Finala	2024-04-20	ABMS 2024
00:31.07	273	Finala	2024-04-20	ABMS 2024
00:31.42	264	Finala	2024-02-17	Ægir Open
00:32.72	233	Finala	2023-11-18	ABMS-Sprint 2023
00:32.73	233	Finala	2023-12-16	SMS Jólasprint
00:32.88	230	Finala	2023-10-22	Ægir Open októbur 2023
00:34.81	194	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:36.18	173	Finala	2023-05-06	ABMS 2023
00:36.44	169	Finala	2023-05-06	ABMS 2023
00:36.54	167	Finala	2023-04-22	HS Stevna í Gundadali fyri bólkk 1-4
00:38.71	141	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:38.95	138	Finala	2023-02-18	Ægir Open
00:39.36	134	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:44.35	93	Finala	2022-11-05	ABMS-Sprint 2022