

## Emma Debes

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 01:05.17 AQUA stig: 458 Dagfest: 2024-11-08 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:05.17	458	Finala	2024-11-08	FM & JM á stuttgeil 2024
01:06.00	441	Finala	2024-11-08	FM & JM á stuttgeil 2024
01:06.40	433	Finala	2024-09-29	HS Open 2024
01:06.71	427	Finala	2024-10-26	Ægir Open
01:07.46	413	Finala	2023-05-07	ABMS 2023
01:07.54	411	Finala	2023-05-07	ABMS 2023
01:07.89	405	Finala	2023-04-14	Atlantic Open 2023
01:08.35	397	Finala	2024-02-17	Ægir Open
01:08.45	395	Finala	2023-04-16	Atlantic Open 2023
01:09.39	379	Finala	2023-10-22	Ægir Open októbur 2023
01:09.94	370	Finala	2023-03-18	HS Open 18.-19. mars 2023
01:10.07	368	Finala	2024-04-21	ABMS 2024
01:10.12	368	Finala	2023-11-18	ABMS-Sprint 2023
01:10.17	367	Finala	2023-11-10	JM-FM á Stuttgeil 2023
01:10.61	360	Finala	2023-11-25	Køge Open 2023 - Køge
01:10.84	356	Finala	2023-12-16	SMS Jólasprint
01:12.30	335	Finala	2024-04-21	ABMS 2024
01:12.60	331	Finala	2023-02-18	Ægir Open
01:12.64	331	Finala	2022-11-11	JM-FM á Stuttgeil 2022
01:12.94	326	Finala	2023-02-19	Ægir Open