

Tempus Open - Lilja Lenvig Harrysdóttir

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persónligt met: 01:05.14 AQUA stig: 459 Dagfest: 2024-10-26 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
01:05.14	459	Finala	2024-10-26	Ægir Open
01:06.13	438	Finala	2024-11-08	FM & JM á stuttgeil 2024
01:06.94	423	Finala	2024-11-08	FM & JM á stuttgeil 2024
01:06.97	422	Finala	2024-09-29	HS Open 2024
01:07.36	415	Finala	2024-04-25	HS Flaggdags-sprint
01:07.92	404	Finala	2024-06-29	Tórshavn Open
01:08.90	387	Finala	2024-06-29	Tórshavn Open
01:09.05	385	Finala	2024-02-18	Ægir Open
01:10.58	360	Finala	2023-11-10	JM-FM á Stuttgeil 2023
01:10.67	359	Finala	2023-11-18	ABMS-Sprint 2023
01:10.72	358	Finala	2023-11-10	JM-FM á Stuttgeil 2023
01:10.81	357	Finala	2023-11-25	Køge Open 2023 - Køge
01:11.01	354	Finala	2023-10-22	Ægir Open októbur 2023
01:12.46	333	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
01:12.85	328	Finala	2023-04-14	Atlantic Open 2023
01:17.14	276	Finala	2023-05-07	ABMS 2023
01:17.82	269	Finala	2023-05-07	ABMS 2023
01:17.95	267	Finala	2023-03-18	HS Open 18.-19. mars 2023
01:22.67	224	Finala	2022-02-19	Ægir Open - Februar 2022
01:25.32	204	Finala	2022-03-12	HS Open 12.-13 mars 2022