

## Lilja Sørensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 01:11.04 AQUA stig: 353 Dagfest: 2024-11-08 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:11.04	353	Finala	2024-11-08	FM & JM á stuttgeil 2024
01:12.35	335	Finala	2024-10-26	Ægir Open
01:12.94	326	Finala	2024-09-29	HS Open 2024
01:14.11	311	Finala	2024-06-29	Tórshavn Open
01:14.79	303	Finala	2024-06-29	Tórshavn Open
01:17.12	276	Finala	2024-04-21	ABMS 2024
01:17.69	270	Finala	2024-02-17	Ægir Open
01:21.29	236	Finala	2023-10-22	Ægir Open októbur 2023
01:21.89	231	Finala	2023-11-18	ABMS-Sprint 2023
01:22.51	225	Finala	2023-10-01	HS Open 30. sept - 1. okt. 2023
01:23.65	216	Finala	2023-11-25	Køge Open 2023 - Herfølge
01:24.34	211	Finala	2023-12-16	SMS Jólasprint
01:27.93	186	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
01:30.23	172	Finala	2023-05-07	ABMS 2023
01:33.20	156	Finala	2023-05-07	ABMS 2023
01:38.54	132	Finala	2023-03-18	HS Open 18.-19. mars 2023
01:39.42	129	Finala	2023-02-18	Ægir Open
01:48.41	99	Finala	2022-11-26	Køge Open Herfølge
01:52.39	89	Finala	2022-11-05	ABMS-Sprint 2022
01:53.39	87	Finala	2022-05-15	ABMS 2022