

Nóa Róason Stakksund

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 01:08.66 AQUA stig: 278 Dagfest: 2024-09-29 Stevna: HS Open 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:08.66	278	Finala	2024-09-29	HS Open 2024
01:09.82	264	Finala	2024-04-21	ABMS 2024
01:10.52	257	Finala	2024-04-21	ABMS 2024
01:11.06	251	Finala	2024-06-28	Tórshavn Open
01:12.58	235	Finala	2024-04-25	HS Flaggdags-sprint
01:12.86	233	Finala	2024-09-28	HS Open 2024
01:16.36	202	Finala	2024-02-17	Ægir Open
01:18.25	188	Finala	2023-11-18	ABMS-Sprint 2023
01:20.84	170	Finala	2024-02-18	Ægir Open
01:22.35	161	Finala	2023-10-21	Ægir Open októbur 2023
01:24.89	147	Finala	2023-11-25	Køge Open 2023 - Herfólge
01:33.14	111	Finala	2023-05-07	ABMS 2023
01:36.67	99	Finala	2023-03-18	HS Open 18.-19. mars 2023
01:39.24	92	Finala	2023-03-18	HS Open 18.-19. mars 2023
01:39.49	91	Finala	2023-02-18	Ægir Open