

Tempus Open - Sissal Rógvadóttir

## Sissal Rógvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Frísvimjing (25) Persóligt met: 02:31.01 AQUA stig: 389 Dagfest: 2024-04-20 Stevna: ABMS 2024

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                    |
|----------|------|--------|------------|---------------------------|
| 02:31.01 | 389  | Finala | 2024-04-20 | ABMS 2024                 |
| 02:33.51 | 371  | Finala | 2024-04-20 | ABMS 2024                 |
| 02:35.00 | 360  | Finala | 2024-09-28 | HS Open 2024              |
| 02:43.09 | 309  | Finala | 2023-03-19 | HS Open 18.-19. mars 2023 |
| 02:46.97 | 289  | Finala | 2022-05-14 | ABMS 2022                 |
| 02:47.33 | 287  | Finala | 2022-05-14 | ABMS 2022                 |
| 03:13.05 | 187  | Finala | 2021-04-30 | ABMS 2021                 |