

Tempus Open - Jórun Winther

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Frísvimjing (25) Persóligt met: 05:07.64 AQUA stig: 425 Dagfest: 2024-10-26 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
05:07.64	425	Finala	2024-10-26	Ægir Open
05:11.61	408	Finala	2023-11-11	JM-FM á Stuttgeil 2023
05:13.30	416	Finala	2023-04-15	Atlantic Open 2023
05:19.75	378	Finala	2023-11-11	JM-FM á Stuttgeil 2023
05:19.83	378	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
05:20.17	389	Finala	2023-03-18	HS Open 18.-19. mars 2023
05:27.55	364	Finala	2023-02-18	Ægir Open
05:28.94	359	Finala	2023-05-07	ABMS 2023
06:17.67	237	Finala	2022-05-15	ABMS 2022