

Tempus Open - Heini Hansen

## Heini Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Frísvimjing (25) Persóligt met: 04:39.22 AQUA stig: 439 Dagfest: 2020-11-14 Stevna: JM-FM á Stuttgeil 2020

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                 |
|----------|------|--------|------------|------------------------|
| 04:39.22 | 439  | Finala | 2020-11-14 | JM-FM á Stuttgeil 2020 |
| 04:41.58 | 428  | Finala | 2020-11-14 | JM-FM á Stuttgeil 2020 |
| 04:48.66 | 397  | Finala | 2020-09-12 | HS Open                |