

Tempus Open - Durita Mohr Askham

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Frísvimjing (50) Persóligt met: 05:03.10 AQUA stig: 474 Dagfest: 2023-05-20 Stevna: SuSvim Open Mai 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
05:03.10	474	Finala	2023-05-20	SuSvim Open Mai 2023
05:07.77	453	Finala	2023-06-17	JM-FM á Langgeil 2023
05:08.18	451	Finala	2023-06-17	JM-FM á Langgeil 2023
05:08.97	447	Finala	2023-06-11	Icelandic Summer Meet 2023 - SMÍ
05:25.33	383	Finala	2021-04-10	SuSvim Open Apríl 2021
05:27.67	375	Finala	2021-07-10	JM-FM á Langgeil 2021
05:32.82	358	Finala	2021-07-10	JM-FM á Langgeil 2021