

Tempus Open - Ólavur Winther Jákupsson

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Frísvimjing (50) Persóligt met: 04:36.54 AQUA stig: 503 Dagfest: 2024-07-03 Stevna: Nordic Age Group Championships

Tíð	AQUA	Umfar	Dagfest	Stevna
04:36.54	503	Finala	2024-07-03	Nordic Age Group Championships
04:39.70	487	Finala	2024-05-11	FM & JM á langgeil 2024
04:42.79	471	Finala	2024-05-11	FM & JM á langgeil 2024
04:44.20	464	Finala	2024-01-27	Reykjavík International Games - Swim Meet 2024
04:47.62	447	Finala	2023-06-17	JM-FM á Langgeil 2023
04:50.41	435	Finala	2023-07-09	47. MM Telekom Slovenije
04:51.65	429	Finala	2023-06-17	JM-FM á Langgeil 2023
04:53.22	422	Finala	2023-05-20	SuSvim Open Mai 2023
04:57.91	403	Finala	2023-01-28	Reykjavik International Games - Swim Meet
05:08.61	362	Finala	2023-01-14	SuSvim Open Jan 2023