

Tempus Open - Sissal Rógvadóttir

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Frísvimjing (50) Persóligt met: 05:22.78 AQUA stig: 387 Dagfest: 2024-05-11 Stevna: FM & JM á langgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
05:22.78	387	Finala	2024-05-11	FM & JM á langgeil 2024
05:27.75	370	Finala	2024-03-16	SuSvim Open mars 2024
05:31.72	357	Finala	2024-05-11	FM & JM á langgeil 2024
05:39.37	338	Finala	2023-06-17	JM-FM á Langgeil 2023
05:58.54	286	Finala	2023-01-14	SuSvim Open Jan 2023