

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Bringusvimjing (25) Persóligt met: 00:29.04 AQUA stig: 634 Dagfest: 2024-11-10 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:29.04	634	Finala	2024-11-10	FM & JM á stuttgeil 2024
00:30.00	575	Finala	2024-11-10	FM & JM á stuttgeil 2024
00:30.20	563	Finala	2024-02-18	Ægir Open
00:30.82	530	Finala	2023-12-02	Nordic Championships
00:30.88	527	Finala	2023-11-12	JM-FM á Stuttgeil 2023
00:31.30	506	Finala	2023-11-12	JM-FM á Stuttgeil 2023
00:31.55	494	Finala	2023-12-16	SMS Jólasprint
00:31.75	485	Finala	2022-11-13	JM-FM á Stuttgeil 2022
00:31.85	480	Finala	2024-04-25	HS Flaggdags-sprint
00:31.91	478	Finala	2022-11-13	JM-FM á Stuttgeil 2022
00:32.73	442	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:34.28	399	Finala	2021-02-20	Ægir Open - Februar 2021
00:36.12	341	Finala	2020-10-31	Ægir Open 31-10-2020
00:39.55	260	Finala	2020-11-15	JM-FM á Stuttgeil 2020