

Sissal Rógvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Bringusvimjing (25) Persónligt met: 00:36.40 AQUA stig: 473 Dagfest: 2024-11-08 Stevna: FM & JM á stuttgeil 2024

| Tíð | AQUA | Umfar | Dagfest | Stevna |
|----------|------|--------|------------|-----------------------------------|
| 00:36.40 | 473 | Finala | 2024-11-08 | FM & JM á stuttgeil 2024 |
| 00:36.65 | 463 | Finala | 2024-10-26 | Ægir Open |
| 00:36.67 | 463 | Finala | 2024-11-08 | FM & JM á stuttgeil 2024 |
| 00:37.36 | 446 | Finala | 2022-11-11 | JM-FM á Stuttgeil 2022 |
| 00:37.58 | 430 | Finala | 2023-10-22 | Ægir Open októbur 2023 |
| 00:37.60 | 438 | Finala | 2022-11-11 | JM-FM á Stuttgeil 2022 |
| 00:37.83 | 430 | Finala | 2023-04-16 | Atlantic Open 2023 |
| 00:37.94 | 418 | Finala | 2024-04-21 | ABMS 2024 |
| 00:37.96 | 417 | Finala | 2024-09-28 | HS Open 2024 |
| 00:38.26 | 415 | Finala | 2023-03-18 | HS Open 18.-19. mars 2023 |
| 00:38.32 | 413 | Finala | 2023-04-16 | Atlantic Open 2023 |
| 00:38.41 | 402 | Finala | 2024-04-21 | ABMS 2024 |
| 00:38.52 | 407 | Finala | 2023-02-19 | Ægir Open |
| 00:38.82 | 390 | Finala | 2023-09-30 | HS Open 30. sept - 1. okt. 2023 |
| 00:38.86 | 396 | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022 |
| 00:38.86 | 396 | Finala | 2023-05-07 | ABMS 2023 |
| 00:39.24 | 385 | Finala | 2022-11-05 | ABMS-Sprint 2022 |
| 00:39.31 | 383 | Finala | 2022-10-21 | Ægir Open 22. og 23. októbur 2022 |
| 00:40.21 | 351 | Finala | 2023-11-25 | Køge Open 2023 - Køge |
| 00:40.42 | 345 | Finala | 2023-11-18 | ABMS-Sprint 2023 |