

Tempus Open - Silja Bech

## Silja Bech

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Bringusvimjing (50) Persóligt met: 00:45.88 AQUA stig: 256 Dagfest: 2024-05-12 Stevna: FM & JM á langgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:45.88	256	Finala	2024-05-12	FM & JM á langgeil 2024
00:47.20	239	Finala	2023-06-18	JM-FM á Langgeil 2023
00:47.29	237	Finala	2022-06-06	JM-FM á Langgeil 2022
00:47.36	236	Finala	2023-05-20	SuSvim Open Mai 2023
00:48.11	222	Finala	2024-03-16	SuSvim Open mars 2024
00:48.68	218	Finala	2023-01-15	SuSvim Open Jan 2023
00:50.19	200	Finala	2021-02-06	SuSvim Open Feb 2021
00:50.22	200	Finala	2021-04-10	SuSvim Open Apríl 2021
00:51.88	180	Finala	2022-04-02	SuSvim Open apríl 2022