

Jón Hofgaard

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Bringusvimjing (50) Persóligt met: 00:30.37 AQUA stig: 623 Dagfest: 2024-05-12 Stevna: FM & JM á langgeil 2024

| Tíð | AQUA | Umfar | Dagfest | Stevna |
|----------|------|--------|------------|--|
| 00:30.37 | 623 | Finala | 2024-05-12 | FM & JM á langgeil 2024 |
| 00:30.39 | 622 | Finala | 2024-01-28 | Reykjavík International Games - Swim Meet 2024 |
| 00:30.67 | 605 | Finala | 2024-01-26 | Reykjavík International Games - Swim Meet 2024 |
| 00:30.87 | 594 | Finala | 2023-04-02 | Danish Open 2023 |
| 00:31.26 | 572 | Finala | 2023-06-18 | JM-FM á Langgeil 2023 |
| 00:31.30 | 569 | Finala | 2021-02-06 | SuSvim Open Feb 2021 |
| 00:31.39 | 564 | Finala | 2023-01-27 | Reykjavik International Games - Swim Meet |
| 00:31.48 | 560 | Finala | 2023-01-29 | Reykjavik International Games - Swim Meet |
| 00:31.62 | 552 | Finala | 2022-06-06 | JM-FM á Langgeil 2022 |
| 00:31.62 | 552 | Finala | 2023-06-18 | JM-FM á Langgeil 2023 |
| 00:31.68 | 549 | Finala | 2024-05-12 | FM & JM á langgeil 2024 |
| 00:31.73 | 547 | Finala | 2021-07-11 | JM-FM á Langgeil 2021 |
| 00:31.75 | 545 | Finala | 2022-04-25 | Atlantic Open 2022 |
| 00:31.85 | 540 | Finala | 2024-01-13 | SuSvim Open jan 2024 |
| 00:32.11 | 527 | Finala | 2022-04-02 | SuSvim Open apríl 2022 |
| 00:32.29 | 519 | Finala | 2022-06-06 | JM-FM á Langgeil 2022 |
| 00:32.46 | 510 | Finala | 2023-01-15 | SuSvim Open Jan 2023 |
| 00:32.64 | 502 | Finala | 2021-07-11 | JM-FM á Langgeil 2021 |
| 00:33.28 | 474 | Finala | 2022-04-25 | Atlantic Open 2022 |