

Jón Hofgaard

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Bringusvimjing (50) Persóligt met: 01:07.85 AQUA stig: 589 Dagfest: 2024-05-11 Stevna: FM & JM á langgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:07.85	589	Finala	2024-05-11	FM & JM á langgeil 2024
01:07.97	586	Finala	2024-01-27	Reykjavík International Games - Swim Meet 2024
01:09.29	553	Finala	2023-06-17	JM-FM á Langgeil 2023
01:09.32	552	Finala	2023-04-04	Danish Open 2023
01:10.01	536	Finala	2023-01-28	Reykjavik International Games - Swim Meet
01:10.23	531	Finala	2024-01-27	Reykjavík International Games - Swim Meet 2024
01:10.38	527	Finala	2023-01-28	Reykjavik International Games - Swim Meet
01:10.67	521	Finala	2021-02-06	SuSvim Open Feb 2021
01:11.56	502	Finala	2021-07-10	JM-FM á Langgeil 2021
01:11.67	499	Finala	2024-01-13	SuSvim Open jan 2024
01:11.72	498	Finala	2022-04-02	SuSvim Open apríl 2022
01:11.79	497	Finala	2022-04-24	Atlantic Open 2022
01:12.78	477	Finala	2022-06-05	JM-FM á Langgeil 2022
01:13.09	471	Finala	2022-04-23	Atlantic Open 2022
01:13.28	467	Finala	2023-01-14	SuSvim Open Jan 2023
01:13.46	464	Finala	2022-07-02	FM fyri lið 2022
01:13.92	455	Finala	2023-06-17	JM-FM á Langgeil 2023
01:17.30	398	Finala	2021-07-10	JM-FM á Langgeil 2021
01:17.31	398	Finala	2022-06-05	JM-FM á Langgeil 2022
01:18.86	375	Finala	2024-05-11	FM & JM á langgeil 2024