

Tempus Open - Rakul J Højbro

## Rakul J Højbro

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Bringusvimjing (25) Persóligt met: 03:28.06 AQUA stig: 270 Dagfest: 2024-10-26 Stevna: Ægir Open

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                            |
|----------|------|--------|------------|-----------------------------------|
| 03:28.06 | 270  | Finala | 2024-10-26 | Ægir Open                         |
| 03:29.60 | 264  | Finala | 2024-09-29 | HS Open 2024                      |
| 03:29.87 | 263  | Finala | 2024-04-25 | HS Flaggdags-sprint               |
| 03:30.24 | 262  | Finala | 2024-06-29 | Tórshavn Open                     |
| 03:31.56 | 257  | Finala | 2024-04-21 | ABMS 2024                         |
| 03:34.05 | 248  | Finala | 2023-12-16 | SMS Jólasprint                    |
| 03:35.66 | 242  | Finala | 2023-10-21 | Ægir Open októbur 2023            |
| 03:41.11 | 225  | Finala | 2023-10-01 | HS Open 30. sept - 1. okt. 2023   |
| 03:49.66 | 201  | Finala | 2023-03-18 | HS Open 18.-19. mars 2023         |
| 03:50.15 | 199  | Finala | 2023-05-07 | ABMS 2023                         |
| 03:53.74 | 190  | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022        |
| 03:53.86 | 190  | Finala | 2023-05-07 | ABMS 2023                         |
| 03:54.30 | 189  | Finala | 2022-05-15 | ABMS 2022                         |
| 03:56.47 | 184  | Finala | 2022-10-21 | Ægir Open 22. og 23. októbur 2022 |