

Tempus Open - Róa Trygvadóttir

Róa Trygvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persóligt met: 00:32.60 AQUA stig: 465 Dagfest: 2023-04-14 Stevna: Atlantic Open 2023

| Tíð | AQUA | Umfar | Dagfest | Stevna |
|----------|------|--------|------------|--------------------------|
| 00:32.60 | 465 | Finala | 2023-04-14 | Atlantic Open 2023 |
| 00:32.72 | 460 | Finala | 2023-04-15 | Atlantic Open 2023 |
| 00:32.79 | 456 | Finala | 2024-10-26 | Ægir Open |
| 00:34.21 | 403 | Finala | 2023-02-18 | Ægir Open |
| 00:35.53 | 377 | Finala | 2021-02-21 | Ægir Open - Februar 2021 |
| 00:36.22 | 355 | Finala | 2021-05-01 | ABMS 2021 |