

Tempus Open - Rakul J Højbro

## Rakul J Højbro

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persónligt met: 00:41.49 AQUA stig: 225 Dagfest: 2024-10-26 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
00:41.49	225	Finala	2024-10-26	Ægir Open
00:42.98	202	Finala	2024-09-28	HS Open 2024
00:44.02	188	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:44.35	184	Finala	2023-10-22	Ægir Open októbur 2023
00:45.04	176	Finala	2023-05-07	ABMS 2023
00:45.16	174	Finala	2024-04-21	ABMS 2024
00:45.44	171	Finala	2023-11-18	ABMS-Sprint 2023
00:45.82	167	Finala	2022-11-27	Køge Open Herfølge
00:47.23	153	Finala	2023-05-07	ABMS 2023
00:47.24	153	Finala	2023-05-07	ABMS 2023
00:47.45	151	Finala	2022-11-05	ABMS-Sprint 2022
00:47.45	151	Finala	2023-05-07	ABMS 2023
00:49.11	141	Finala	2022-05-15	ABMS 2022
00:49.13	136	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:49.23	140	Finala	2022-02-19	Ægir Open - Februar 2022
00:49.63	137	Finala	2022-05-15	ABMS 2022
00:50.65	124	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:50.70	128	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:57.83	87	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:58.15	86	Finala	2021-05-01	ABMS 2021