

## Emma Debes

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persónligt met: 00:33.63 AQUA stig: 423 Dagfest: 2024-11-10 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:33.63	423	Finala	2024-11-10	FM & JM á stuttgeil 2024
00:34.59	388	Finala	2024-11-10	FM & JM á stuttgeil 2024
00:34.69	385	Finala	2024-10-26	Ægir Open
00:34.79	382	Finala	2024-04-21	ABMS 2024
00:35.12	372	Finala	2023-04-14	Atlantic Open 2023
00:35.19	369	Finala	2024-04-21	ABMS 2024
00:35.42	362	Finala	2024-02-17	Ægir Open
00:35.44	362	Finala	2023-04-15	Atlantic Open 2023
00:35.58	357	Finala	2023-11-18	ABMS-Sprint 2023
00:35.82	350	Finala	2023-11-26	Køge Open 2023 - Køge
00:36.26	338	Finala	2023-05-07	ABMS 2023
00:36.28	337	Finala	2023-05-07	ABMS 2023
00:36.71	326	Finala	2023-05-07	ABMS 2023
00:36.93	320	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:37.84	297	Finala	2023-12-16	SMS Jólasprint
00:40.68	249	Finala	2022-05-15	ABMS 2022
00:40.80	247	Finala	2022-05-15	ABMS 2022
00:41.85	228	Finala	2022-05-15	ABMS 2022
00:44.61	190	Finala	2021-05-01	ABMS 2021