

## Teitur Miné Róason

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persóligt met: 00:35.41 AQUA stig: 243 Dagfest: 2024-11-09 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:35.41	243	Finala	2024-11-09	FM & JM á stuttgeil 2024
00:36.79	217	Finala	2024-10-26	Ægir Open
00:37.10	211	Finala	2024-06-29	Tórshavn Open
00:39.52	175	Finala	2024-04-21	ABMS 2024
00:40.39	164	Finala	2024-04-21	ABMS 2024
00:42.37	142	Finala	2024-04-25	HS Flaggdags-sprint
00:43.18	134	Finala	2024-02-17	Ægir Open
00:44.59	121	Finala	2023-10-21	Ægir Open októbur 2023
00:44.78	120	Finala	2023-11-18	ABMS-Sprint 2023