

Tempus Open - Sif Lambastein

Sif Lambastein

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persónligt met: 00:56.00 AQUA stig: 91 Dagfest: 2023-11-18 Stevna: ABMS-Sprint 2023

| Tíð | AQUA | Umfar | Dagfest | Stevna |
|----------|------|--------|------------|------------------|
| 00:56.00 | 91 | Finala | 2023-11-18 | ABMS-Sprint 2023 |
| 01:01.84 | 68 | Finala | 2023-05-07 | ABMS 2023 |
| 01:02.45 | 66 | Finala | 2023-12-16 | SMS Jólasprint |