

## Ragnhild Jacobsen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Firvald (25) Persóligt met: 00:31.99 AQUA stig: 442 Dagfest: 2023-11-10 Stevna: JM-FM á Stuttgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:31.99	442	Finala	2023-11-10	JM-FM á Stuttgeil 2023
00:32.27	431	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:32.35	428	Finala	2023-10-21	Ægir Open októbur 2023
00:33.00	403	Finala	2023-12-16	SMS Jólasprint
00:33.20	395	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:33.23	394	Finala	2024-11-08	FM & JM á stuttgeil 2024
00:33.50	385	Finala	2024-11-08	FM & JM á stuttgeil 2024
00:33.58	382	Finala	2024-10-26	Ægir Open
00:33.77	376	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:33.84	373	Finala	2024-06-29	Tórshavn Open
00:33.87	372	Finala	2024-06-29	Tórshavn Open
00:33.98	369	Finala	2024-04-25	HS Flaggdags-sprint
00:34.17	363	Finala	2023-02-18	Ægir Open
00:35.63	320	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:36.27	303	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:36.45	299	Finala	2021-05-23	HS Open 22. og 23. mai 2021
00:37.15	282	Finala	2021-04-30	ABMS 2021
00:37.16	282	Finala	2021-09-12	HS Open 11 - 12 sept. 2021
00:42.66	186	Finala	2020-10-04	Ægir Open - Oktober 2020
00:42.72	185	Finala	2020-05-30	ABMS 2020