

Alisa Vestergård

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Firvald (25) Persóligt met: 00:29.36 AQUA stig: 572 Dagfest: 2022-11-11 Stevna: JM-FM á Stuttgeil 2022

Tíð	AQUA	Umfar	Dagfest	Stevna
00:29.36	572	Finala	2023-11-10	JM-FM á Stuttgeil 2023
00:29.36	572	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:29.40	570	Finala	2023-10-21	Ægir Open októbur 2023
00:29.57	560	Finala	2023-02-18	Ægir Open
00:29.62	557	Finala	2023-11-10	JM-FM á Stuttgeil 2023
00:29.65	555	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:29.67	554	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:29.71	552	Finala	2022-02-20	Ægir Open - Februar 2022
00:29.74	550	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:29.76	549	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:30.01	536	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:30.01	536	Finala	2023-07-11	International Island Games Guernsey
00:30.12	530	Finala	2023-04-16	Atlantic Open 2023
00:30.15	528	Finala	2020-11-13	JM-FM á Stuttgeil 2020
00:30.20	526	Finala	2022-02-19	Ægir Open - Februar 2022
00:30.22	525	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:30.34	518	Finala	2023-04-16	Atlantic Open 2023
00:30.39	516	Finala	2020-09-13	HS Open
00:30.43	514	Finala	2023-03-19	HS Open 18.-19. mars 2023
00:30.47	512	Finala	2021-05-23	HS Open 22. og 23. mai 2021