

Sissal Rógvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Firvald (25) Persóligt met: 00:32.72 AQUA stig: 413 Dagfest: 2024-04-20 Stevna: ABMS 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:32.72	413	Finala	2024-04-20	ABMS 2024
00:33.32	391	Finala	2024-11-08	FM & JM á stuttgeil 2024
00:33.32	391	Finala	2024-04-20	ABMS 2024
00:33.73	377	Finala	2024-11-08	FM & JM á stuttgeil 2024
00:34.15	363	Finala	2024-10-26	Ægir Open
00:35.02	337	Finala	2023-04-16	Atlantic Open 2023
00:35.72	317	Finala	2024-02-17	Ægir Open
00:36.12	307	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:36.18	305	Finala	2023-04-22	HS Stevna í Gundadali fyrri bólk 1-4
00:36.49	298	Finala	2023-10-21	Ægir Open októbur 2023
00:36.50	298	Finala	2022-11-05	ABMS-Sprint 2022
00:36.83	290	Finala	2023-04-16	Atlantic Open 2023
00:37.14	282	Finala	2023-05-06	ABMS 2023
00:37.18	281	Finala	2023-02-18	Ægir Open
00:37.21	281	Finala	2023-05-06	ABMS 2023
00:37.23	280	Finala	2023-03-19	HS Open 18.-19. mars 2023
00:37.94	265	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:38.43	255	Finala	2023-11-18	ABMS-Sprint 2023
00:38.71	249	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:53.08	96	Finala	2021-04-30	ABMS 2021