

Róa Trygvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Firvald (50) Persóligt met: 01:07.46 AQUA stig: 556 Dagfest: 2024-04-14 Stevna: Danish Open

Tíð	AQUA	Umfar	Dagfest	Stevna
01:07.46	556	Finala	2024-04-14	Danish Open
01:07.58	553	Finala	2024-01-27	Reykjavík International Games - Swim Meet 2024
01:08.04	542	Finala	2023-06-16	JM-FM á Langgeil 2023
01:08.31	535	Finala	2024-01-27	Reykjavík International Games - Swim Meet 2024
01:08.34	535	Finala	2023-01-28	Reykjavik International Games - Swim Meet
01:08.79	524	Finala	2023-05-20	SuSvim Open Mai 2023
01:08.96	520	Finala	2023-01-28	Reykjavik International Games - Swim Meet
01:09.80	502	Finala	2023-01-15	SuSvim Open Jan 2023
01:10.42	489	Finala	2022-04-24	Atlantic Open 2022
01:12.14	454	Finala	2022-04-02	SuSvim Open apríl 2022
01:12.94	440	Finala	2021-07-09	JM-FM á Langgeil 2021
01:13.76	425	Finala	2021-06-12	Atlantic Open 2021
01:13.92	422	Finala	2022-06-04	JM-FM á Langgeil 2022
01:14.67	410	Finala	2021-07-09	JM-FM á Langgeil 2021
01:15.87	391	Finala	2021-06-12	Atlantic Open 2021
01:15.87	391	Finala	2021-04-10	SuSvim Open Apríl 2021
01:18.55	352	Finala	2020-07-03	JM-FM á Langgeil 2020
01:21.33	317	Finala	2020-07-03	JM-FM á Langgeil 2020