

Tempus Open - Sissal Rógvadóttir

## Sissal Rógvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Blandað (25) Persóligt met: 02:38.39 AQUA stig: 455 Dagfest: 2024-11-08 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
02:38.39	455	Finala	2024-11-08	FM & JM á stuttgeil 2024
02:42.58	421	Finala	2024-10-26	Ægir Open
02:49.48	371	Finala	2024-11-08	FM & JM á stuttgeil 2024
02:49.94	368	Finala	2024-02-17	Ægir Open
02:54.42	341	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
02:57.63	322	Finala	2023-05-06	ABMS 2023
02:58.49	318	Finala	2023-02-18	Ægir Open
02:59.23	314	Finala	2023-05-06	ABMS 2023
03:10.48	261	Finala	2022-05-14	ABMS 2022
03:12.84	252	Finala	2022-05-14	ABMS 2022
03:47.30	154	Finala	2021-04-30	ABMS 2021