

Rúni Dahl

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Blandað (50) Persóligt met: 02:30.46 AQUA stig: 434 Dagfest: 2022-06-04 Stevna: JM-FM á Langgeil 2022

Tíð	AQUA	Umfar	Dagfest	Stevna
02:30.46	434	Finala	2022-06-04	JM-FM á Langgeil 2022
02:31.52	425	Finala	2022-04-24	Atlantic Open 2022
02:32.70	416	Finala	2022-04-02	SuSvim Open apríl 2022
02:33.17	412	Finala	2021-02-06	SuSvim Open Feb 2021
02:35.20	396	Finala	2021-07-09	JM-FM á Langgeil 2021
02:35.37	395	Finala	2021-07-09	JM-FM á Langgeil 2021
02:36.96	383	Finala	2020-07-03	JM-FM á Langgeil 2020
02:37.89	376	Finala	2022-06-04	JM-FM á Langgeil 2022
02:38.48	372	Finala	2022-07-02	FM fyri lið 2022
02:42.13	347	Finala	2020-07-03	JM-FM á Langgeil 2020