

Tempus Open - Jóhanna Ólavsdóttir

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Blandað (25) Persóligt met: 05:04.14 AQUA stig: 617 Dagfest: 2024-11-09 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
05:04.14	617	Finala	2024-11-09	FM & JM á stuttgeil 2024
05:05.37	609	Finala	2024-02-18	Ægir Open
05:06.10	605	Finala	2023-12-02	Nordic Championships
05:06.91	600	Finala	2023-12-02	Nordic Championships
05:07.73	595	Finala	2023-04-14	Atlantic Open 2023
05:08.62	590	Finala	2023-07-10	International Island Games Guernsey
05:09.05	588	Finala	2023-07-10	International Island Games Guernsey
05:09.57	585	Finala	2023-02-19	Ægir Open
05:10.06	582	Finala	2022-11-12	JM-FM á Stuttgeil 2022
05:11.13	576	Finala	2023-10-21	Ægir Open októbur 2023
05:13.69	562	Finala	2023-11-11	JM-FM á Stuttgeil 2023
05:14.32	559	Finala	2021-11-13	JM-FM á Stuttgeil 2021
05:14.34	558	Finala	2022-11-26	Køge Open 2022
05:15.15	554	Finala	2024-11-09	FM & JM á stuttgeil 2024
05:17.22	543	Finala	2021-11-13	JM-FM á Stuttgeil 2021
05:17.26	543	Finala	2022-03-12	HS Open 12.-13 mars 2022
05:17.32	543	Finala	2021-12-04	Nordic Swimming Championships 2021
05:21.64	521	Finala	2020-11-14	JM-FM á Stuttgeil 2020
05:22.72	516	Finala	2020-10-31	Ægir Open 31-10-2020
05:23.66	512	Finala	2021-05-22	HS Open 22. og 23. mai 2021