

Tempus Open - Rebekka Róðinsdóttir

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Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Blandað (25) Persóligt met: 05:20.49 AQUA stig: 527 Dagfest: 2024-11-09 Stevna: FM & JM á stuttgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
05:20.49	527	Finala	2024-11-09	FM & JM á stuttgeil 2024
05:29.79	484	Finala	2023-02-19	Ægir Open
05:29.87	483	Finala	2024-11-09	FM & JM á stuttgeil 2024
05:32.61	471	Finala	2023-10-21	Ægir Open októbur 2023
05:34.70	463	Finala	2023-11-11	JM-FM á Stuttgeil 2023
05:45.99	419	Finala	2021-02-20	Ægir Open - Februar 2021
05:52.98	394	Finala	2021-11-13	JM-FM á Stuttgeil 2021
05:53.85	391	Finala	2022-11-12	JM-FM á Stuttgeil 2022
05:55.95	384	Finala	2020-10-31	Ægir Open 31-10-2020
06:17.80	321	Finala	2021-11-13	JM-FM á Stuttgeil 2021
06:20.28	315	Finala	2023-11-11	JM-FM á Stuttgeil 2023