

Fróði Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 00:55.23 AQUA stig: 535 Dagfest: 2024-02-18 Stevna: Ægir Open

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                            |
|----------|------|--------|------------|-----------------------------------|
| 01:08.04 | 288  | Finala | 2020-09-12 | HS Open                           |
| 01:07.47 | 295  | Finala | 2020-10-03 | Ægir Open - Oktober 2020          |
| 01:08.76 | 279  | Finala | 2020-10-31 | Ægir Open 31-10-2020              |
| 01:04.88 | 332  | Finala | 2021-05-01 | ABMS 2021                         |
| 01:04.78 | 333  | Finala | 2021-05-22 | HS Open 22. og 23. mai 2021       |
| 01:04.18 | 343  | Finala | 2021-09-11 | HS Open 11 - 12 sept. 2021        |
| 01:03.24 | 358  | Finala | 2022-02-19 | Ægir Open - Februar 2022          |
| 01:01.96 | 381  | Finala | 2022-03-12 | HS Open 12.-13 mars 2022          |
| 01:01.26 | 392  | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022        |
| 00:59.81 | 421  | Finala | 2022-10-21 | Ægir Open 22. og 23. októbur 2022 |
| 00:58.64 | 447  | Finala | 2022-11-05 | ABMS-Sprint 2022                  |
| 00:59.04 | 438  | Finala | 2022-11-26 | Køge Open 2022                    |
| 00:59.92 | 419  | Finala | 2022-11-26 | Køge Open 2022                    |
| 00:58.35 | 453  | Finala | 2023-03-18 | HS Open 18.-19. mars 2023         |
| 00:57.39 | 476  | Finala | 2023-10-01 | HS Open 30. sept - 1. okt. 2023   |
| 00:57.64 | 470  | Finala | 2023-10-21 | Ægir Open októbur 2023            |
| 01:00.11 | 415  | Finala | 2023-11-10 | JM-FM á Stuttgeil 2023            |
| 00:56.74 | 493  | Finala | 2023-11-10 | JM-FM á Stuttgeil 2023            |
| 00:55.23 | 535  | Finala | 2024-02-18 | Ægir Open                         |