

Fróði Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Bringusvimjing (25) Persóligt met: 02:28.53 AQUA stig: 529 Dagfest: 2023-12-16 Stevna: SMS Jólasprint

Tíð	AQUA	Umfar	Dagfest	Stevna
02:29.80	516	Finala	2023-12-03	Nordic Championships
02:48.71	361	Finala	2023-11-10	JM-FM á Stuttgeil 2023
02:50.62	349	Finala	2021-11-12	JM-FM á Stuttgeil 2021
02:51.48	344	Finala	2022-11-11	JM-FM á Stuttgeil 2022
02:35.01	465	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
02:28.53	529	Finala	2023-12-16	SMS Jólasprint
02:30.06	513	Finala	2023-11-10	JM-FM á Stuttgeil 2023
02:32.30	491	Finala	2023-10-22	Ægir Open októbur 2023
02:41.75	409	Finala	2023-04-15	Atlantic Open 2023
02:40.19	422	Finala	2023-03-18	HS Open 18.-19. mars 2023
02:33.47	479	Finala	2022-11-26	Køge Open 2022
02:32.60	488	Finala	2022-11-11	JM-FM á Stuttgeil 2022
03:15.47	232	Finala	2020-05-30	ABMS 2020
02:39.65	426	Finala	2022-09-10	HS Open 10.-11. sept. 2022
02:42.61	403	Finala	2022-05-15	ABMS 2022
02:43.35	398	Finala	2022-03-12	HS Open 12.-13 mars 2022
02:48.80	360	Finala	2022-02-19	Ægir Open - Februar 2022
02:55.17	322	Finala	2021-11-12	JM-FM á Stuttgeil 2021
02:57.04	312	Finala	2021-05-02	ABMS 2021
02:58.78	303	Finala	2021-02-20	Ægir Open - Februar 2021