

## Fróði Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Bringusvimjing (50) Persóligt met: 02:30.12 AQUA stig: 583 Dagfest: 2024-05-10 Stevna: FM & JM á langgeil 2024

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                                         |
|----------|------|--------|------------|------------------------------------------------|
| 03:09.20 | 300  | Finala | 2021-02-07 | SuSvim Open Feb 2021                           |
| 03:05.85 | 316  | Finala | 2021-07-09 | JM-FM á Langgeil 2021                          |
| 03:00.23 | 347  | Finala | 2021-06-12 | Atlantic Open 2021                             |
| 02:59.78 | 340  | Finala | 2024-05-10 | FM & JM á langgeil 2024                        |
| 02:57.00 | 366  | Finala | 2022-07-02 | FM fyri lið 2022                               |
| 02:49.44 | 417  | Finala | 2022-01-30 | Reykjavik International Games                  |
| 02:49.14 | 420  | Finala | 2022-06-04 | JM-FM á Langgeil 2022                          |
| 02:47.80 | 430  | Finala | 2022-04-24 | Atlantic Open 2022                             |
| 02:47.64 | 424  | Finala | 2023-06-16 | JM-FM á Langgeil 2023                          |
| 02:47.03 | 436  | Finala | 2022-06-04 | JM-FM á Langgeil 2022                          |
| 02:43.68 | 455  | Finala | 2023-01-29 | Reykjavik International Games - Swim Meet      |
| 02:42.88 | 462  | Finala | 2023-05-21 | SuSvim Open Mai 2023                           |
| 02:42.68 | 472  | Finala | 2023-01-14 | SuSvim Open Jan 2023                           |
| 02:39.17 | 495  | Finala | 2023-06-11 | Icelandic Summer Meet 2023 - SMÍ               |
| 02:36.61 | 514  | Finala | 2024-01-28 | Reykjavík International Games - Swim Meet 2024 |
| 02:36.53 | 520  | Finala | 2023-06-16 | JM-FM á Langgeil 2023                          |
| 02:33.74 | 543  | Finala | 2024-04-11 | Danish Open                                    |
| 02:33.00 | 551  | Finala | 2024-03-17 | SuSvim Open mars 2024                          |
| 02:32.41 | 558  | Finala | 2024-01-28 | Reykjavík International Games - Swim Meet 2024 |
| 02:30.12 | 583  | Finala | 2024-05-10 | FM & JM á langgeil 2024                        |