

Fróði Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Firvald (25) Persóligt met: 00:27.53 AQUA stig: 490 Dagfest: 2024-04-25 Stevna: HS  
Flaggdags-sprint

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                            |
|----------|------|--------|------------|-----------------------------------|
| 00:36.89 | 204  | Finala | 2020-05-30 | ABMS 2020                         |
| 00:36.49 | 211  | Finala | 2020-09-13 | HS Open                           |
| 00:35.56 | 228  | Finala | 2020-10-04 | Ægir Open - Oktober 2020          |
| 00:34.41 | 252  | Finala | 2021-04-30 | ABMS 2021                         |
| 00:34.06 | 260  | Finala | 2021-05-23 | HS Open 22. og 23. mai 2021       |
| 00:34.03 | 261  | Finala | 2021-03-14 | HS Open 13 - 14 mars 2021         |
| 00:33.87 | 264  | Finala | 2021-09-12 | HS Open 11 - 12 sept. 2021        |
| 00:32.85 | 290  | Finala | 2022-02-19 | Ægir Open - Februar 2022          |
| 00:31.95 | 315  | Finala | 2022-03-12 | HS Open 12.-13 mars 2022          |
| 00:31.96 | 315  | Finala | 2022-02-19 | Ægir Open - Februar 2022          |
| 00:31.12 | 341  | Finala | 2023-02-18 | Ægir Open                         |
| 00:30.99 | 345  | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022        |
| 00:30.22 | 372  | Finala | 2022-11-26 | Køge Open 2022                    |
| 00:30.11 | 376  | Finala | 2022-10-21 | Ægir Open 22. og 23. októbur 2022 |
| 00:30.09 | 377  | Finala | 2022-11-05 | ABMS-Sprint 2022                  |
| 00:30.05 | 379  | Finala | 2022-11-11 | JM-FM á Stuttgeil 2022            |
| 00:29.80 | 388  | Finala | 2023-03-19 | HS Open 18.-19. mars 2023         |
| 00:29.72 | 391  | Finala | 2022-11-26 | Køge Open 2022                    |
| 00:28.41 | 446  | Finala | 2023-09-30 | HS Open 30. sept - 1. okt. 2023   |
| 00:27.53 | 490  | Finala | 2024-04-25 | HS Flaggdags-sprint               |