

Fróði Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Firvald (50) Persóligt met: 01:06.70 AQUA stig: 407 Dagfest: 2023-06-11 Stevna: Icelandic Summer Meet 2023 - SMÍ

Tíð	AQUA	Umfar	Dagfest	Stevna
01:28.31	176	Finala	2020-07-03	JM-FM á Langgeil 2020
01:27.61	180	Finala	2021-06-12	Atlantic Open 2021
01:24.48	201	Finala	2021-06-12	Atlantic Open 2021
01:21.81	221	Finala	2021-02-06	SuSvim Open Feb 2021
01:13.84	300	Finala	2022-04-24	Atlantic Open 2022
01:11.63	329	Finala	2022-04-02	SuSvim Open apríl 2022
01:11.59	329	Finala	2022-04-24	Atlantic Open 2022
01:09.91	353	Finala	2023-01-15	SuSvim Open Jan 2023
01:07.34	395	Finala	2024-05-10	FM & JM á langgeil 2024
01:06.70	407	Finala	2023-06-11	Icelandic Summer Meet 2023 - SMÍ