

Fróði Hansen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Blandað (25) Persóligt met: 01:02.16 AQUA stig: 498 Dagfest: 2024-04-25 Stevna: HS Flaggdags-sprint

Tíð	AQUA	Umfar	Dagfest	Stevna
01:18.26	264	Finala	2020-10-03	Ægir Open - Oktober 2020
01:18.13	266	Finala	2020-09-13	HS Open
01:18.00	267	Finala	2021-03-20	Flot/FS/Reysti-stevna
01:16.88	279	Finala	2021-02-20	Ægir Open - Februar 2021
01:15.40	279	Finala	2021-11-13	JM-FM á Stuttgeil 2021
01:14.93	301	Finala	2021-03-14	HS Open 13 - 14 mars 2021
01:14.67	287	Finala	2021-09-25	HS-stevna í Gundadali fyri bólkarnar 1-4
01:14.47	307	Finala	2021-05-02	ABMS 2021
01:14.17	311	Finala	2021-04-17	HS-stevna í Gundadali fyri bólkarnar 1-4
01:13.59	318	Finala	2021-09-12	HS Open 11 - 12 sept. 2021
01:11.07	333	Finala	2023-04-16	Atlantic Open 2023
01:10.35	343	Finala	2022-03-12	HS Open 12.-13 mars 2022
01:08.44	373	Finala	2023-03-19	HS Open 18.-19. mars 2023
01:06.75	402	Finala	2022-11-25	Køge Open 2022
01:06.63	404	Finala	2022-11-05	ABMS-Sprint 2022
01:06.40	408	Finala	2023-10-01	HS Open 30. sept - 1. okt. 2023
01:06.06	415	Finala	2023-11-11	JM-FM á Stuttgeil 2023
01:05.73	421	Finala	2022-11-26	Køge Open 2022
01:05.22	431	Finala	2023-04-16	Atlantic Open 2023
01:02.16	498	Finala	2024-04-25	HS Flaggdags-sprint