

Rebekka Róðinsdóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Blandað (25) Persóligt met: 05:29.79 AQUA stig: 484 Dagfest: 2023-02-19 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
05:29.79	484	Finala	2023-02-19	Ægir Open
05:32.61	471	Finala	2023-10-21	Ægir Open októbur 2023
05:34.70	463	Finala	2023-11-11	JM-FM á Stuttgeil 2023
05:45.99	419	Finala	2021-02-20	Ægir Open - Februar 2021
05:52.98	394	Finala	2021-11-13	JM-FM á Stuttgeil 2021
05:53.85	391	Finala	2022-11-12	JM-FM á Stuttgeil 2022
05:55.95	384	Finala	2020-10-31	Ægir Open 31-10-2020
06:17.80	321	Finala	2021-11-13	JM-FM á Stuttgeil 2021
06:20.28	315	Finala	2023-11-11	JM-FM á Stuttgeil 2023