

## Halla Háfoss

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:31.10 AQUA stig: 400 Dagfest: 2024-04-25 Stevna: HS Flaggdags-sprint

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                                   |
|----------|------|--------|------------|------------------------------------------|
| 00:38.74 | 207  | Finala | 2020-05-30 | ABMS 2020                                |
| 00:39.97 | 188  | Finala | 2020-09-13 | HS Open                                  |
| 00:40.12 | 186  | Finala | 2020-10-03 | Ægir Open - Október 2020                 |
| 00:38.11 | 217  | Finala | 2020-10-31 | Ægir Open 31-10-2020                     |
| 00:36.20 | 254  | Finala | 2021-02-21 | Ægir Open - Februar 2021                 |
| 00:36.10 | 256  | Finala | 2021-03-13 | HS Open 13 - 14 mars 2021                |
| 00:35.57 | 267  | Finala | 2021-03-20 | Flot/FS/Reysti-stevna                    |
| 00:35.60 | 267  | Finala | 2021-04-17 | HS-stevna í Gundadali fyri bólkarnar 1-4 |
| 00:36.48 | 248  | Finala | 2021-05-22 | HS Open 22. og 23. mai 2021              |
| 00:35.65 | 266  | Finala | 2021-09-11 | HS Open 11 - 12 sept. 2021               |
| 00:35.43 | 271  | Finala | 2021-09-25 | HS-stevna í Gundadali fyri bólkarnar 1-4 |
| 00:35.48 | 269  | Finala | 2021-11-13 | JM-FM á Stuttgeil 2021                   |
| 00:35.68 | 265  | Finala | 2021-11-13 | JM-FM á Stuttgeil 2021                   |
| 00:34.27 | 299  | Finala | 2022-02-19 | Ægir Open - Februar 2022                 |
| 00:34.70 | 288  | Finala | 2022-03-12 | HS Open 12.-13 mars 2022                 |
| 00:34.60 | 291  | Finala | 2022-05-14 | ABMS 2022                                |
| 00:34.77 | 286  | Finala | 2022-05-14 | ABMS 2022                                |
| 00:34.92 | 283  | Finala | 2022-05-14 | ABMS 2022                                |
| 00:31.56 | 383  | Finala | 2023-09-30 | HS Open 30. sept - 1. okt. 2023          |
| 00:31.36 | 390  | Finala | 2023-10-21 | Ægir Open októbur 2023                   |