

## Ninna Johanna N. Kass

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:32.18 AQUA stig: 361 Dagfest: 2022-10-21 Stevna: Ægir Open 22. og 23. októbur 2022

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                            |
|----------|------|--------|------------|-----------------------------------|
| 00:42.01 | 162  | Finala | 2020-05-30 | ABMS 2020                         |
| 00:38.89 | 204  | Finala | 2020-10-03 | Ægir Open - Október 2020          |
| 00:37.81 | 223  | Finala | 2020-09-13 | HS Open                           |
| 00:36.23 | 253  | Finala | 2020-10-31 | Ægir Open 31-10-2020              |
| 00:34.77 | 286  | Finala | 2023-03-18 | HS Open 18.-19. mars 2023         |
| 00:34.10 | 304  | Finala | 2021-02-21 | Ægir Open - Februar 2021          |
| 00:33.84 | 311  | Finala | 2021-09-11 | HS Open 11 - 12 sept. 2021        |
| 00:33.81 | 311  | Finala | 2021-11-13 | JM-FM á Stuttgeil 2021            |
| 00:33.67 | 315  | Finala | 2023-03-18 | HS Open 18.-19. mars 2023         |
| 00:33.38 | 324  | Finala | 2021-05-22 | HS Open 22. og 23. maí 2021       |
| 00:33.17 | 330  | Finala | 2022-03-12 | HS Open 12.-13 mars 2022          |
| 00:33.00 | 335  | Finala | 2021-03-13 | HS Open 13 - 14 mars 2021         |
| 00:32.88 | 339  | Finala | 2023-02-18 | Ægir Open                         |
| 00:32.66 | 346  | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022        |
| 00:32.18 | 361  | Finala | 2022-10-21 | Ægir Open 22. og 23. októbur 2022 |