

Silas Dam Lindberg

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Ryggsvimjing (25) Persóligt met: 01:05.29 AQUA stig: 405 Dagfest: 2023-11-12 Stevna: JM-FM á Stuttgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
01:05.29	405	Finala	2023-11-12	JM-FM á Stuttgeil 2023
01:07.50	367	Finala	2023-04-16	Atlantic Open 2023
01:08.58	349	Finala	2023-04-15	Atlantic Open 2023
01:10.78	318	Finala	2022-11-13	JM-FM á Stuttgeil 2022
01:10.79	318	Finala	2022-11-13	JM-FM á Stuttgeil 2022
01:10.93	316	Finala	2022-11-05	ABMS-Sprint 2022
01:11.71	306	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
01:13.25	287	Finala	2022-09-10	HS Open 10.-11. sept. 2022
01:13.71	281	Finala	2023-11-12	JM-FM á Stuttgeil 2023
01:20.51	223	Finala	2021-09-12	HS Open 11 - 12 sept. 2021
01:22.82	205	Finala	2021-04-30	ABMS 2021
01:24.49	193	Finala	2020-05-30	ABMS 2020
01:24.82	191	Finala	2020-10-31	Ægir Open 31-10-2020
01:26.05	183	Finala	2020-09-13	HS Open
01:26.29	181	Finala	2021-04-17	HS-stevna í Gundadali fyri bólkarnar 1-4