

Silas Dam Lindberg

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Blandað (25) Persóligt met: 02:16.73 AQUA stig: 515 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
03:07.30	200	Finala	2020-09-12	HS Open
02:56.55	239	Finala	2021-02-21	Ægir Open - Februar 2021
02:54.01	250	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
02:51.27	262	Finala	2022-05-14	ABMS 2022
02:50.24	267	Finala	2021-11-12	JM-FM á Stuttgeil 2021
02:45.89	288	Finala	2022-05-14	ABMS 2022
02:43.13	303	Finala	2022-03-12	HS Open 12.-13 mars 2022
02:41.07	315	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
02:31.51	378	Finala	2022-11-11	JM-FM á Stuttgeil 2022
02:30.42	387	Finala	2022-11-11	JM-FM á Stuttgeil 2022
02:29.80	391	Finala	2023-02-18	Ægir Open
02:29.61	393	Finala	2023-03-18	HS Open 18.-19. mars 2023
02:27.75	408	Finala	2023-11-10	JM-FM á Stuttgeil 2023
02:25.02	432	Finala	2023-12-16	SMS Jólasprint
02:23.76	443	Finala	2024-04-25	HS Flaggdags-sprint
02:20.04	479	Finala	2023-11-10	JM-FM á Stuttgeil 2023
02:16.73	515	Finala	2024-02-17	Ægir Open