

Silas Dam Lindberg

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Blandað (50) Persóligt met: 04:56.23 AQUA stig: 548 Dagfest: 2024-05-11 Stevna: FM & JM á langgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
04:56.23	548	Finala	2024-05-11	FM & JM á langgeil 2024
05:00.32	526	Finala	2024-04-12	Danish Open
05:06.79	502	Finala	2023-06-11	Icelandic Summer Meet 2023 - SMÍ
05:07.11	500	Finala	2023-06-17	JM-FM á Langgeil 2023
05:10.36	484	Finala	2023-06-17	JM-FM á Langgeil 2023
05:11.76	478	Finala	2023-07-08	47. MM Telekom Slovenije
05:29.89	397	Finala	2024-05-11	FM & JM á langgeil 2024
05:33.41	391	Finala	2023-01-14	SuSvim Open Jan 2023
05:51.41	334	Finala	2022-06-05	JM-FM á Langgeil 2022
05:51.51	333	Finala	2022-06-05	JM-FM á Langgeil 2022
05:54.36	325	Finala	2022-07-10	Bockstensdoppet
06:01.33	307	Finala	2022-04-23	Atlantic Open 2022
06:28.76	246	Finala	2021-02-06	SuSvim Open Feb 2021