

Silja Bech

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (50) Persóligt met: 01:11.05 AQUA stig: 385 Dagfest: 2023-01-14 Stevna: SuSvim Open Jan 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
01:11.05	385	Finala	2023-01-14	SuSvim Open Jan 2023
01:11.80	373	Finala	2023-05-20	SuSvim Open Mai 2023
01:13.00	355	Finala	2024-01-13	SuSvim Open jan 2024
01:13.10	353	Finala	2024-03-16	SuSvim Open mars 2024
01:13.61	346	Finala	2024-05-11	FM & JM á langgeil 2024
01:14.29	337	Finala	2023-01-29	Reykjavik International Games - Swim Meet
01:14.47	334	Finala	2023-06-17	JM-FM á Langgeil 2023
01:14.54	333	Finala	2022-06-05	JM-FM á Langgeil 2022
01:15.58	320	Finala	2023-05-20	SuSvim Open Mai 2023
01:17.24	300	Finala	2022-04-23	Atlantic Open 2022
01:17.71	294	Finala	2021-02-06	SuSvim Open Feb 2021
01:17.75	294	Finala	2021-06-11	Atlantic Open 2021
01:18.27	288	Finala	2022-04-02	SuSvim Open apríl 2022
01:20.30	267	Finala	2021-04-10	SuSvim Open Apríl 2021
01:20.98	260	Finala	2021-07-10	JM-FM á Langgeil 2021