

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:24.44 AQUA stig: 561 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
00:24.44	561	Finala	2024-02-17	Ægir Open
00:24.50	557	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:24.57	552	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:24.60	550	Finala	2022-12-10	Nordic Championships
00:24.66	546	Finala	2022-11-12	JM-FM á Stuttgeil 2022
00:24.82	535	Finala	2023-12-16	SMS Jólasprint
00:24.89	531	Finala	2022-11-12	JM-FM á Stuttgeil 2022
00:24.91	530	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:24.97	526	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:25.09	518	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:25.13	516	Finala	2022-02-19	Ægir Open - Februar 2022
00:25.13	516	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:25.23	510	Finala	2024-04-25	HS Flaggdags-sprint
00:25.24	509	Finala	2022-02-20	Ægir Open - Februar 2022
00:25.26	508	Finala	2022-02-19	Ægir Open - Februar 2022
00:25.30	505	Finala	2023-04-15	Atlantic Open 2023
00:25.37	501	Finala	2021-11-13	JM-FM á Stuttgeil 2021
00:25.38	501	Finala	2021-12-03	Nordic Swimming Championships 2021
00:25.42	498	Finala	2023-04-15	Atlantic Open 2023
00:25.53	498	Finala	2021-09-11	HS Open 11 - 12 sept. 2021