

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:24.44 AQUA stig: 561 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
00:24.60	550	Finala	2022-12-10	Nordic Championships
00:25.30	505	Finala	2023-04-15	Atlantic Open 2023
00:25.42	498	Finala	2023-04-15	Atlantic Open 2023
00:24.91	530	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:24.57	552	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:24.50	557	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:24.82	535	Finala	2023-12-16	SMS Jólasprint
00:24.44	561	Finala	2024-02-17	Ægir Open
00:25.23	510	Finala	2024-04-25	HS Flaggdags-sprint