

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 00:52.65 AQUA stig: 617 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
00:52.65	617	Finala	2024-02-17	Ægir Open
00:52.75	614	Finala	2024-02-18	Ægir Open
00:53.54	587	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:53.59	585	Finala	2023-11-10	JM-FM á Stuttgeil 2023
00:53.73	581	Finala	2023-10-01	HS Open 30. sept - 1. okt. 2023
00:53.78	579	Finala	2022-12-11	Nordic Championships
00:53.86	577	Finala	2023-11-10	JM-FM á Stuttgeil 2023
00:54.00	572	Finala	2023-04-14	Atlantic Open 2023
00:54.15	567	Finala	2023-04-16	Atlantic Open 2023
00:54.56	555	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:54.59	557	Finala	2022-02-19	Ægir Open - Februar 2022
00:55.14	541	Finala	2021-12-04	Nordic Swimming Championships 2021
00:55.28	533	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:55.64	523	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:55.84	521	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:56.37	503	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:56.79	495	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:57.29	482	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:58.39	455	Finala	2021-05-22	HS Open 22. og 23. mai 2021
00:58.52	452	Finala	2021-02-20	Ægir Open - Februar 2021