

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 00:52.65 AQUA stig: 617 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
01:01.81	384	Finala	2020-05-30	ABMS 2020
01:02.68	368	Finala	2020-09-12	HS Open
01:01.10	397	Finala	2020-10-03	Ægir Open - Oktober 2020
00:59.54	430	Finala	2020-10-31	Ægir Open 31-10-2020
00:59.69	426	Finala	2020-11-13	JM-FM á Stuttgeil 2020
01:00.53	409	Finala	2020-11-13	JM-FM á Stuttgeil 2020
00:58.52	452	Finala	2021-02-20	Ægir Open - Februar 2021
00:59.60	428	Finala	2021-03-13	HS Open 13 - 14 mars 2021
00:58.39	455	Finala	2021-05-22	HS Open 22. og 23. mai 2021
00:55.84	521	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:56.79	495	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:57.29	482	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:55.14	541	Finala	2021-12-04	Nordic Swimming Championships 2021
00:54.59	557	Finala	2022-02-19	Ægir Open - Februar 2022
00:55.28	533	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:54.56	555	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:55.64	523	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:56.37	503	Finala	2022-11-11	JM-FM á Stuttgeil 2022
00:53.78	579	Finala	2022-12-11	Nordic Championships
00:54.00	572	Finala	2023-04-14	Atlantic Open 2023