

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (50) Persóligt met: 00:54.29 AQUA stig: 643 Dagfest: 2024-01-27 Stevna: Reykjavík International Games - Swim Meet 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:13.80	255	Finala	2024-05-12	FM & JM á langgeil 2024
01:04.58	383	Finala	2020-07-04	JM-FM á Langgeil 2020
01:03.15	409	Finala	2021-02-06	SuSvim Open Feb 2021
00:59.56	488	Finala	2021-04-10	SuSvim Open Apríl 2021
00:58.66	511	Finala	2021-07-10	JM-FM á Langgeil 2021
00:58.25	522	Finala	2022-04-02	SuSvim Open apríl 2022
00:58.01	528	Finala	2021-07-10	JM-FM á Langgeil 2021
00:57.89	532	Finala	2022-06-05	JM-FM á Langgeil 2022
00:57.74	536	Finala	2022-07-09	Nordic Age Group Championships 2022
00:57.50	542	Finala	2022-04-23	Atlantic Open 2022
00:57.07	555	Finala	2022-07-09	Nordic Age Group Championships 2022
00:56.78	562	Finala	2023-06-17	JM-FM á Langgeil 2023
00:56.66	567	Finala	2022-06-05	JM-FM á Langgeil 2022
00:56.56	570	Finala	2022-04-24	Atlantic Open 2022
00:56.40	575	Finala	2023-01-14	SuSvim Open Jan 2023
00:56.06	584	Finala	2023-04-03	Danish Open 2023
00:55.85	590	Finala	2023-06-17	JM-FM á Langgeil 2023
00:55.79	592	Finala	2023-01-28	Reykjavik International Games - Swim Meet
00:55.77	593	Finala	2024-03-16	SuSvim Open mars 2024
00:55.47	602	Finala	2024-05-11	FM & JM á langgeil 2024